



# DR. GEORG FRABERGER



**PLM**

PREMIUM LEADERS  
MANAGEMENT

## MANAGEMENT, SOCIETY, HEALTH

„Every success is self-made and the freedom to be more than you currently are is always there. Within the boundaries of your thoughts, everything is possible.“ Only how do these thoughts become reality? This requires the courage to go your own way and set yourself a meaningful goal. Dr Georg Fraberger sits in an electric wheelchair, without arms or legs, works as a psychologist in private practice and in hospitals, is a speaker and author. He leads a life that many people dream of, but in a body that hardly anyone would like to exchange with him. He has not only studied the power of the psyche, but he is also living proof that the art of self-motivation can lead an authentic and eventful life, one that is full of happiness and awareness. Long-term success demands courage, sense and enjoyment of the respective problem in order to consistently follow your own path in life. Dr Georg Fraberger is happily married, a father of five and an enthusiastic motorist.

LEADERSHIP CHANGE PERSONALITY RESILIENCE HEALTH  
HIDDEN CHAMPION TRANSFORMATION COMMUNICATION LIFESTYLE

## LECTURES

- **Hidden champion skills for success**  
Forget it; let it go! Challenge accepted. (Self-)Trust is the key to creating your own reality beyond your imagination. Driving a racing car with no arms or legs is only possible without a standard concept: it requires a different mental, tried and tested (secret) recipe.
- **How do I become ME?**  
Personal development always takes place in the area of conflict between the inside (intuition, my needs, strengths, weaknesses, experiences etc.) & outside (limited resources, do what the „boss/partner/company“ says). How can I manage the professional, private and personal balancing act to be the authentic, powerful and happy version of myself and really live now?
- **Mental mobility as an essential key qualification**  
We know where physical inertia leads to. And what about mental and spiritual inertia? It is time to move away from mental ballast to action and the joy of successful action. GF shows you ways and tools to awaken the mental powers you need.
- **Success strategies – the easy way?**  
How can I program my mental software strategically, with mental momentum and for long-term success?

## LECTURES

- **Happiness ist the key – or is it?**  
There are no bad and good feelings. Because nature makes no mistakes. An unleashing of blockades, decoding of information and ignition of bound-up energy - Intelligent emotion management is the key.
- **How much body and which body does a person need for happiness and success?**
- **Diversity – the whole is more than the sum of its parts: how to successfully handle diversity and disability**
- **Which key pieces are needed for successful integration?**
- **Health sector – the power of the psyche as a key factor**  
Topics include psycho-oncology, pain, picking up your life again after tumour diseases; lifestyle changes; psycho-neuroimmunology.
- **Hidden champion leadership**  
Understanding yourself and being understood is the way to natural authority.
- **What are the true causes of stress?**  
Using constellations, the sources of stress in your inner and outer system can be identified and easily eliminated.

## INFORMATION

- Fees:** on request  
**Travel expenses from/to place:** Vienna (AT)  
**Languages:**  
- Individual content customisation possible
  - Handout/further documents

## FORMATS

- Lecture
- Interview
- Seminar
- Consulting
- Talk/discussion
- Presenting
- (One-to-one)Coaching
- Online/Web based



## WORKSHOPS / SEMINARS

- **Courage – making and doing**  
Performance and long-term success come about when you can be who you „really“ are. Lack of time and stress put your own performance under pressure. But stress, success and performance are the construct of our thinking. Burn with passion rather than just burning out.
- **How much body does a person need and for what? – our personality**  
How do you become an authority with an appropriate appearance? How our ideas of power, money, time and success can even stand in the way of our own development.
- **An eventful life – life in harmony**  
You only have one life. How you can fill your day and go to bed in the evening with a sense of fulfilment. Without frustration, pressure or the fear of missing out. Talking about free time or working time makes no sense, because we only have one LIFETIME.
- **Self-confident movement along the way – preventing burnout**  
Emotions move the body. Finding a good balance between boredom and stress is important. If you are too fast or too slow, you won't experience your life. You hurry without being in a hurry, are busy instead of being authentic and sustainable.
- **Wheelchair or Rolex – the tool has to go with the identity.**

## WORKSHOPS / SEMINARS

- **Lifestyle – slaves of freedom?**  
The fact that theory and practice are really two different things is best seen in the lifestyle area. The psyche is the key factor to really „making it“ this time.
- **Disability and other special needs – the art of communication**  
How can I manage to communicate what I really need? Dealing with the fear of rejection, insecurity and being different. Your individual attitude, body language and posture are analysed and the results put into practice.
- **Diversity Workshop**
- **Making authentic decisions – this requires more than just brains. Mind, emotions and soul in harmony**
- **Psycho-neuroimmunology – staying healthy with the power of the psyche**
- **The art of consciousness - consciousness and awareness**

Each lecture can also be booked in a workshop format that combines theoretical input with practical exercises. Theory and practice are combined by means of short thought-provoking ideas and practical exercises.

## FACTS, FIGURES AND DATA

- CEO and founder of DGF Soulsolutions
- Clinical and health psychologist at one of the largest hospitals in Europe for almost 20 years
- Hospital psychologist in England
- Lecturer at the main University of Vienna, Medical University of Vienna, Vienna University of Economics and Business Administration and Webster University Vienna (since 2009)
- Diversity Officer
- Married, father of five

## REFERENCES

- Bestselling author, written five books in total: Ohne Leib mit Seele, Wie werde ich Ich, Erfolgreich Lieben, Ein ziemlich gutes Leben, Ich verstehe dich (Without body with soul, How to become me, Successful loving, A pretty good life, I understand you)
- Numerous articles in Stern, Presse, Standard, Kurier, Bild and Woman
- **Lectures/seminars/congresses:**  
Keynote speaker and speaker at various medical and psychological congresses on various topics in Switzerland, China, England, Germany, Italy and Austria
- **Co-organiser of the Day of Disability conference**

## CONTACT: PREMIUM LEADERS MANAGEMENT



**Alexander Schungl, CEO & Founder**  
Premium Leaders Management  
by Premium Leaders Club  
Mobile: +49 (0)179 45 16 375  
management@premium-leaders.club

## MEDIA

